

Annual Meeting Program



HERODICUS
SOCIETY
Annual Meeting
June 14-17, 2026 | Yountville, CA

Schedule-at-a-Glance

| | Sunday, June 14 | Monday, June 15 | Tuesday, June 16 | Wednesday, June 17 |
|--|--|------------------------------------|---|-----------------------|
| Member Breakfast The Social Lawn | | 6:30 AM – 7:24 AM | 6:00 AM – 7:14 AM | 6:30 AM – 7:29 AM |
| Scientific Sessions The Social | | 7:25 AM – 12:30 PM | 6:25 AM – 12:20 PM | 7:30 AM – 11:55 AM |
| Business Meetings The Social | | 12:40 PM – 1:30 PM | 12:30 PM – 1:30 PM | |
| Group Activities Bus departs Vintage House | | Wine Tastings 2:00 PM – 6:00 PM | Wine Tastings 2:00 PM – 6:00 PM | |
| Evening Events | Welcome Reception Barrel Room & Lawn 7:00 PM – 10:00 PM | | Annual Meeting Banquet The Pavilion (Outdoor Venue) 7:00 PM – 10:00 PM | |

Evening Events

Welcome Reception & Dinner

Sunday, June 14 | 7:00 PM – 10:00 PM | Barrel Room & Lawn at Estate Yountville

Suggested attire is Wine Country Chic / Elevated Resort Casual. Comfortable footwear is recommended for walking on outdoor pathways. Evenings in Napa Valley can become cool (see forecast below), so bringing a light jacket or wrap is encouraged. Children welcome.

Annual Meeting Reception & Banquet

Tuesday, June 16 | 7:00 PM – 10:00 PM | The Pavillion at Estate Yountville (Outdoor venue)

Cocktail reception begins at 7:00 PM, dinner will be served at 8:00 PM.

Please note that this is an outdoor event. Suggested attire is Wine Country Chic / Elevated Resort Casual. Comfortable footwear is recommended for walking on outdoor pathways. Evenings in Napa Valley can become cool, bringing a light jacket or wrap is encouraged. Not suitable for young children.

Herodicus Group Activities

Group Wine Tastings (Pre-Registration Required)

2:00 PM – 6:00 PM | Monday, June 15 and Tuesday, June 16 | Buses pick-up at the Vintage House Parking Lot

Selected for their exclusive access, beautiful setting, and uncompromising dedication to world-class winemaking, these six exceptional wineries offered private group tastings to the Herodicus meeting registrants and their guests; Vineyard 29 Estate, Promise, Gargiulo Vineyards, Pulido-Walker, Ellman, and Cardinale.

These estates provide an intimate glimpse into Napa Valley's most coveted wine experiences, where remarkable hospitality, stunning vineyard landscapes, and limited-production, ultra-premium wines come together to create lasting memories.

Yountville Highlights

Bike Rentals

9:00 AM – 5:30 PM Daily | Walking distance from the Estate Yountville | 707-251-8687 info@napavalleybiketours.com

Rent a bike from Napa Valley Bike Tours and spend a day taking in Napa's postcard-ready views.

Recommended Restaurants

Clementine

Bottega

Ciccio

Regiis Ova Caviar &

Ad Hoc

Bouchon Bakery

Lakeside Grill

Champagne Lounge

Bistro Jeanty

Bouchon Bistro

North Block Restaurant

Meeting Location: Estate Yountville | 6481 Washington Street Yountville, CA 94599 | 707-927-2130

Dear Colleagues, Friends, and Guests,

Kim and I are delighted to welcome you to the 52nd Annual Meeting of the Herodicus Society at The Estate Yountville in the heart of beautiful Napa Valley. It is truly an honor to serve as President of this remarkable Society and to host such an accomplished group of colleagues, friends, and families in one of California's most celebrated destinations.

The Herodicus Society has always represented the best of the best in orthopedic sports medicine—a place where scientific excellence, innovation, mentorship, diverse perspectives, and lifelong friendships come together. We are grateful for the opportunity to continue that tradition in a setting known for its warm hospitality, exceptional culinary experiences, and world-renowned wines.

I would like to extend my sincere appreciation to Dr. Matt Provencher, whose dedication and thoughtful leadership have produced an outstanding scientific program. The presentations and discussions over the next several days reflect the extraordinary depth of knowledge and expertise that define our Society, and we look forward to the opportunity to help chart the course for the future of sports medicine.

Matt and I also hope this meeting reflects one of the founding principles of the Herodicus Society—open, honest, and spirited discussion. We encourage everyone to engage fully in the program: challenge one another's ideas, ask thoughtful questions, and share your own experiences. It is through this free exchange of knowledge and respectful debate that we all become better surgeons, educators, and mentors. And when the sessions conclude, we hope those conversations continue over a glass of Napa Valley wine, because above all, we are colleagues, friends, and members of a truly special community.

While our scientific program remains at the heart of the Herodicus experience, we are equally excited to share the unique charm of Napa Valley with you. Throughout the meeting, members and companions will have the opportunity to experience some of the region's most renowned wineries through thoughtfully curated tastings and vineyard visits. We hope these experiences, together with the outstanding accommodations, beautiful surroundings, and exceptional culinary offerings of The Estate Yountville, provide the perfect backdrop for strengthening old friendships, creating new ones, and celebrating the fellowship that has always distinguished our Society.

We are especially honored to recognize Dr. Peter Indelicato as the Godfather of this year's meeting. Dr. Indelicato's remarkable career, pioneering contributions to sports medicine, and unwavering commitment to education and mentorship have left an enduring mark on our specialty and on many of us personally. His influence has shaped generations of orthopedic surgeons, and his leadership embodies the values that make the Herodicus Society so extraordinary. We look forward to celebrating his many accomplishments and hearing his reflections during our time together.

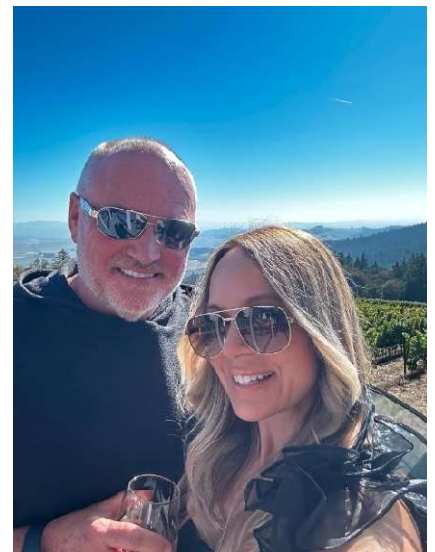
We are also pleased to welcome our newest members and their families: Christian Fink, Brian Forsythe, Rachel Frank, Tom Hackett, Cassandra Lee, Miho Tanaka, and Brian Waterman. We encourage everyone to extend the warmth and hospitality that have become hallmarks of the Herodicus Society and to help make their first meeting a memorable one.

As we gather to exchange ideas, celebrate our profession, and enjoy the extraordinary beauty of Napa Valley, Kim and I hope you will take time to savor not only the scientific program but also the friendships and experiences that make this Society so special.

Thank you for joining us. We wish you a wonderful and unforgettable meeting.

With warmest regards,

Walter and Kim Lowe



Welcome to Napa Valley and the 2026 Herodicus Annual Meeting!

We are really excited to have you here in beautiful Yountville for a great few days of sports medicine, friendship, family, and fun. Napa is the perfect place for Herodicus—great people, great conversations, great food, and of course, some great wine.

We have crafted this year’s program to be interactive, cutting-edge, and focused on the toughest questions we face in sports medicine. As always, the goal is simple: learn from each other and get better together. We have some of the best sports surgeons in the world in this room, so please jump in. Ask questions, speak up, challenge each other, and share what you are seeing in your own practice. That is what makes this meeting special.

Melissa and I also hope you enjoy the time outside the lecture hall. From the wine tastings and social events to dinners, family activities, and time to explore Napa Valley, this should be a fantastic few days for everyone.

Thank you for being here, for contributing, and for making Herodicus such a special society.

We are excited for the next few days and to be here with all of you!

Matthew T. Provencher, MD, MBA
Program Chair
2026 Herodicus Annual Meeting



Thank you to all the dedicated Herodicus Society Committee Members

Executive Committee 2025-2026

| | |
|------------------------------|--|
| Walter Lowe, MD | President |
| Matthew T Provencher MD, MBA | 1st Vice President (Program Chair) |
| Jeffrey R Dugas MD | 2nd Vice President (Secretary-Treasurer) |
| Volker Musahl, MD | Nominating Committee Chair |
| David R Diduch, MD | Member-at-Large |
| Lee D Kaplan, MD | Member-at-Large |
| Eric C. McCarty, MD | Past-President |

Nominating Committee 2025-2026

Volker Musahl, MD, Chair
John M Tokish, MD
Alison Toth, MD

Awards Committee 2025-2026

Michael T Freehill, MD, Chair
C. Benjamin Ma, MD
Christopher Larson, MD
Albert Lin, MD

Membership Committee 2025-2026

James Bradley, MD, Chair
Michael J Stuart, MD
Robert Arciero, MD
Scott Rodeo, MD, Member-at-Large

Traveling Fellowship Committee 2025-2026

David C Flanigan MD, Co-Chair
Peter MacDonald, MD, Co-Chair

Monday, June 15 • The Social

| | | |
|---|---|--|
| 6:30 – 7:24 | Breakfast | <i>The Social Lawn</i> |
| 7:25 – 7:29 | Welcome and Introductions | |
| 7:25 – 7:27 | Welcome from the President | <i>Walt R Lowe, MD</i> |
| 7:28 – 7:29 | Welcome from the Vice President and Program Chair | <i>Matthew T Provencher, MD, MBA</i> |
| 7:30 – 8:14 | Case Presentations 1: My Toughest Knee and Sports Cases – What I Got Wrong and What I Did to Fix | Chair: John M Tokish, MD |
| Panelists: <i>Christopher S Ahmad, MD, Robert Arciero, MD, Asheesh Bedi, MD, and Thomas R Hackett, MD</i> | | |
| 8:15 – 8:58 | Paper Session 1: Knee – Ligaments Part 1 | Moderators: Thomas J Gill, MD and Jeffrey A Guy, MD |
| 8:15 – 8:20 | Improved Graft Survival in Revision Anterior Cruciate Ligament Reconstruction Over 20 Years: A Cohort Study of 958 Patients from the SANTI Study Group | <i>Bertrand Sonnery-Cottet, MD, PhD</i> |
| 8:21 – 8:26 | Graft Choice in Primary ACL Reconstruction: Graft Failures, Patient-reported Measures and Functional Outcomes between Bone-Patellar-Tendon-Bone, Hamstring, and Quadriceps Tendon Autografts at Two-years Postoperative | <i>Peter B MacDonald, MD</i> |
| 8:27 – 8:32 | Does High Intensity Activity Potentiate Development of Osteoarthritis After ACLR? | <i>Constance R Chu, MD</i> |
| 8:33 – 8:38 | Hormonal Modulation and Anterior Cruciate Ligament Injury in Athletes: Practical Evidence-Based Strategies for Risk Mitigation | <i>Robin West, MD</i> |
| 8:39 – 8:44 | Anatomic, Isometric ACL Reconstruction: Technique and Results from the American Sports Medicine Institute | <i>Lyle Cain, MD</i> |
| 8:45 – 8:58 | Discussion | |
| 8:59 – 9:39 | Case Presentations 2: Optimizing Return to Play: Cutting Edge Cases to Change Your Practice – From the Professional Athlete to the Rising Star | Chair: Rachel M Frank, MD |
| Panelists: <i>Brian J Cole, MD, Christopher C Kaeding, MD, Christopher M Larson, MD, and Bruce Levy, MD</i> | | |
| 9:40 – 9:59 | Break | |
| 10:00 – 10:44 | Paper Session 2: Knee – Ligaments Part II | Moderators: Lyle Cain, MD and Sherwin SW Ho, MD |
| 10:00 – 10:05 | The MCL revisited – an ongoing journey to better understand anatomy, biomechanics, injury patterns and treatment | <i>Christian Fink, MD, Prof.</i> |
| 10:06 – 10:11 | Does a Concomitant LET Impact Functional and Two-Year Outcomes Following ACLR? | <i>Walt R Lowe, MD</i> |
| 10:12 – 10:17 | Recovery Trajectories of Isokinetic Peak Torque and Limb Symmetry After ACLR with and without Lateral Extra-Articular Tenodesis | <i>Geoffrey S Baer, MD, PhD</i> |
| 10:18 – 10:23 | Does adding a LET reduce the failure rate and improve outcomes in ACLR Findings from the NZ ACL Registry | <i>Mark G Clatworthy, MD</i> |
| 10:24 – 10:29 | What is my ACLR Retear Rate? | <i>Christopher C Kaeding, MD</i> |
| 10:30 – 10:44 | Discussion | |
| 10:45 – 11:04 | Symposium 1: The ACL + (plus): LET it ALL Be Part of Your Algorithm – But Does an LET / ALL Truly Make a Difference? | Chair: Armando F Vidal, MD |
| Panelists: <i>Aaron J Krych, MD, John-Paul H Rue, MD, Brian R Waterman, MD</i> | | |
| 11:05 – 11:49 | Paper Session 3: Knee – Meniscus Tears in 2026 | Moderators: Brian R Waterman, MD and Brian R Wolf, MD, MS |
| 11:05 – 11:10 | Direct Suture Anchor Fixation Versus Transtibial Pull-Through Repair for Meniscus Root Tears | <i>Aaron J Krych, MD</i> |
| 11:11 – 11:16 | Meniscal Allograft Survivorship 25 Years After Implantation | <i>Thomas R Carter, MD</i> |
| 11:17 – 11:22 | Predictors and Risk of Reoperation Following Horizontal Cleavage Meniscus Tear Repair | <i>David C Flanigan, MD</i> |
| 11:23 – 11:28 | Complete Radial Mid-body and Root Variant (type 4) Lateral Meniscus Tears: Epidemiology and Repair Outcomes in Athletes | <i>Christopher M Larson, MD</i> |
| 11:29 – 11:34 | A Meniscus Repair Risk Score Predicts High Rate of Revision Surgery after All-Inside Meniscus Repair | <i>Volker Musahl, MD</i> |
| 11:35 – 11:49 | Discussion | |
| 11:50 – 12:29 | Symposium 2: Sports Team Coverage: Lessons Learned About Liability and Legal Implications – What Have Recent Liability Cases Taught Us? | Chair: Matthew Provencher, MD |
| Panelists: <i>Anunziato Amendola, MD, Frederick M Azar, MD, John E Conway, MD, Peter A Indelicato, MD, and Walt R Lowe, MD</i> | | |
| 12:30 – 12:39 | Break to Excuse Non-Members (Members pickup lunch) | |
| 12:40 – 13:30 | Business Meeting I (Members Only – Working Lunch) | |

Tuesday, June 16 - The Social

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| 6:00 - 6:24 | Breakfast | |
| 6:25 - 7:14 | Working Breakfast: ICCUS Symposia | <i>Moderators: Michael Banffy MD, Robert Miller III, MD, and Brian Waterman MD</i> |
| 6:25 - 6:49 | Symposium 3: Why Hamstring Injuries Are the Quicksand of Return-to-Play in Collegiate and Professional Sports: How Do We Get Better? <i>Panelists: Rob Manske, DPT, Malachy P McHugh, PhD, Tim Tyler, PT, ATC</i> | <i>Chair: Ashley Campbell, PT, DPT, SCS</i> |
| 6:50 - 7:14 | Symposium 4: Are We Really Doing A Good Job with Return-to-Play Testing after ACL Surgery? <i>Panelists: Bob Mangine, BS, M.Ed, Holly Silvers, PhD, PT, and Mike Voight, DHSc, PT, SCS, OCS, ATC</i> | <i>Chair: Phil Page, PhD, PT, ATC</i> |
| 7:15 - 7:24 | Break | |
| 7:25 - 7:29 | Welcome and Announcements | <i>Walt R Lowe, MD and Matthew T Provencher, MD, MBA</i> |
| 7:30 - 8:19 | Paper Session 4: Shoulder Instability – Are We Getting Better? | <i>Moderators: Brett D Owens, MD and Matthew V Smith, MD</i> |
| 7:30 - 7:35 | Outcomes After Open Bankart Repair and Capsulorrhaphy for Recurrent Anterior Shoulder Instability with subcritical bone loss- A long term follow up study | <i>Robert Arciero, MD</i> |
| 7:35 - 7:40 | Posterior Bone Block Versus Arthroscopic Posterior Labral Repair for Primary Posterior Shoulder Instability Procedures | <i>Grant L Jones, MD</i> |
| 7:41 - 7:46 | Arthroscopic Posterior Distal Tibia Allograft Reconstruction for Glenohumeral Instability | <i>Jonathan Dickens, MD</i> |
| 7:47 - 7:52 | Percutaneous labral repair and capsulorrhaphy performed via Nanoneedle | <i>Kyle Anderson, MD</i> |
| 7:53 - 7:58 | Influence of Chronicity, Number, and Type of Anterior Shoulder Instability Events on Hill-Sachs Lesion Size: A Morphometric Analysis of 255 Patients | <i>Albert Lin, MD</i> |
| 7:59 - 8:04 | Latarjet Outcomes of the MOON Shoulder Instability Cohort | <i>Brian R Wolf, MD, MS</i> |
| 8:05 - 8:19 | Discussion | |
| 8:20 - 9:04 | Case Presentations 3: Shoulder Injuries from the Sidelines to the Operating Room to Recovery - Tips and Pearls from Real Cases in 2025-2026 from the Experts <i>Panelists: Robert H Brophy, MD, Jeffrey R Dugas, MD, Anthony A Romeo, MD</i> | <i>Chair: William N Levine, MD</i> |
| 9:05 - 9:39 | Symposium 5: Leadership in Orthopaedics: Update on Our Future in Orthopaedics and Sports Medicine | <i>Chair: Matthew Provencher, MD, Moderators: Walt R Lowe, MD and Armando F Vidal, MD</i> |
| 9:05 - 9:09 | AOSSM | <i>Eric McCarty, MD and Rick Wright, MD</i> |
| 9:10 - 9:14 | AANA | <i>John Tokish, MD</i> |
| 9:15 - 9:19 | ASES | <i>John Kuhn, MD and Peter MacDonald, MD</i> |
| 9:20 - 9:24 | Healthcare Leadership Education: The Next Step | <i>Dean C Taylor, MD</i> |
| 9:25 - 9:29 | AAOS Update: Political Action Advocacy and Liability | <i>Mininder S Kocher, MD, MPH</i> |
| 9:30 - 9:35 | AAOS President Update: 2026 and Beyond | <i>Ned Amendola, MD</i> |
| 9:36 - 9:39 | Discussion | |
| 9:40 - 10:29 | Paper Session 5: Shoulder – Rotator Cuff / Biceps / The Other Stuff | <i>Moderators: Cassandra A Lee, MD and C. Benjamin Ma, MD</i> |
| 9:40 - 9:45 | Acellular Human Dermal Allograft Augmentation for Rotator Cuff Repair: Our Experience Over the Past Decade | <i>Stephen F Brockmeier, MD</i> |
| 9:46 - 9:51 | Biceps Augmentation of Massive Rotator Cuff Tears Without Tenotomy Yields Equivalent or Greater Improvements in Patient Reported Outcomes Than Comparable Repairs Without Biceps Augmentation | <i>Larry D Field, MD</i> |
| 9:52 - 9:57 | The Bridge is On Fire: Outcomes of Reverse Shoulder Arthroplasty After Failed Rotator Cuff Surgery | <i>Nikhil N Verma, MD</i> |
| 9:58 - 10:03 | Autograft Biceps "smash" for augmentation of rotator cuff repair | <i>John M Tokish, MD</i> |
| 10:04 - 10:09 | Clinical and Radiographic Outcomes of the Latarjet Procedure Using Bio-Integrative Screws: A Case Series | <i>Michael T Freehill, MD</i> |
| 10:10 - 10:15 | Open Capsular Shift with Achilles Allograft Augmentation for Multidirectional Shoulder Instability: Long-Term Outcomes and Implications for Patients with Ehlers-Danlos Syndrome | <i>Scott Rodeo, MD</i> |
| 10:16 - 10:29 | Discussion | |
| 10:30 - 10:44 | Break | |

Tuesday, June 16 - The Social

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| 10:45 - 11:09 | Symposium 6: Sideline Decision-Making, The Good, The Bad and The Ugly | Chair: Walt R Lowe, MD |
| <i>Panelists: James P Bradley, MD, Jeffrey R Dugas, MD, Peter A Indelicato, MD, and Robin West, MD</i> | | |
| 11:10 - 11:21 | Herodicus Traveling Fellows | |
| 11:10 - 11:11 | Introduction | <i>David C Flanigan, MD and Peter B MacDonald, MD</i> |
| 11:12 - 11:16 | Traveling Fellow Presentation | <i>Rehan Dawood, DO, FAAOS</i> |
| 11:17 - 11:21 | Traveling Fellow Presentation | <i>Tyler James Uppstrom, MD</i> |
| 11:22 - 11:29 | Herodicus Award at AOSSM (2025 recipient) | |
| 11:22 - 11:23 | Introduction | <i>Michael T Freehill, MD</i> |
| 11:24 - 11:29 | The Sport Publication Observational Research Tool (SPORT): An Objective Tool to Score the Methodological Quality of Observational Clinical Sports Medicine Research | <i>Andrew W Kuhn, MD</i> |
| 11:30 - 12:19 | Paper Session 6: Sports Medicine / Surgery is a Super Cool Profession | Moderators: Bradley J Nelson, MD and Alison P Toth, MD |
| 11:30 - 11:35 | The crisis in amateur sports. | <i>Richard H Rokos, PhD</i> |
| 11:36 - 11:46 | Golf Swing...Chasing Distance and Swing Faults that Result in Injuries | <i>Greg Rose, DC</i> |
| 11:47 - 11:52 | The History of Wine in Napa | <i>Marc R Safran, MD</i> |
| 11:53 - 11:58 | Gambling in Sports: A History | <i>Edward R McDevitt, MD</i> |
| 11:59 - 12:04 | Revision of Prior UCL Reconstruction using Internal Brace Repair: A Single Surgeon Case Series | <i>Jeffrey R Dugas, MD</i> |
| 12:05 - 12:19 | Discussion | |
| 12:20 - 12:29 | Break to Excuse Non-Members (Members pick up lunch) | |
| 12:30 - 13:30 | Working Lunch: Business Meeting II (Members Only) | |

Godfather of the 52nd Annual Meeting of the Herodicus Society



The Herodicus Society is honored to recognize Peter A. Indelicato, MD, as the Godfather of this year's Annual Meeting.

Dr. Indelicato has been a beloved leader, mentor, and thought leader in Sports Medicine for more than four decades. An Emeritus Professor of Sports Medicine in the Department of Orthopedic Surgery at the University of Florida, he served as Head Team Physician for the Florida Gators for 35 years and as the Wayne Huizenga Professor of Sports Medicine for more than 20 years. His career has also included service as Associate Team Physician for the Miami Dolphins, independent examiner for the NFL, and trusted consultant to athletes, physicians, and organizations around the world.

A longtime supporter of AOSSM, Dr. Indelicato served as the Society's 40th President and was inducted into the AOSSM Hall of Fame in 2019, the highest honor given to a Society member. He has received numerous awards recognizing his extraordinary contributions to Sports Medicine, including the Robert E. Leach Sports Medicine Leadership Award, the Jack Hughston Award, the Jack Wheatley Award, the Dr. Robert Cade Sports Medicine Person of the Year Award, and the James Andrews Excellence in Football Award.

Dr. Indelicato's academic work has helped shape the field, particularly in the areas of knee ligament injuries, ACL reconstruction, MCL management, allograft tissue, and team physician consensus statements. He has authored more than 60 articles, co-authored numerous book chapters, and delivered hundreds of invited lectures throughout the world.

For the Herodicus Society, Dr. Indelicato's impact is especially meaningful as he served as President of the Herodicus Society in 2003. His career reflects the very best of our Society's mission: advancing knowledge, encouraging collaboration, mentoring colleagues, and improving care for athletes at every level.

We are grateful for Dr. Indelicato's friendship, leadership, and lasting contributions to Sports Medicine, and we are delighted to celebrate him as the Godfather of the 52nd Herodicus Annual Meeting.

Wednesday, June 17 • The Social

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|---------------|--|--|
| 6:30 – 7:29 | Breakfast | <i>The Social Lawn</i> |
| 7:30 – 7:34 | Welcome and Announcements | <i>Walt R Lowe, MD and Matthew T Provencher, MD, MBA</i> |
| 7:35 – 8:19 | Paper Session 7: Knee – Patellofemoral | <i>Moderators: Seth L Sherman, MD and Miho J Tanaka, MD, PhD</i> |
| 7:35 – 7:40 | Changes in coronal plane alignment after transphyseal ACL reconstruction performed within 2 years of skeletal maturity: results from the PLUTO study group | <i>Mininder S Kocher, MD, MPH</i> |
| 7:41 – 7:46 | Advanced Patellofemoral Surgery Using Patient-Specific Instrumentation (PSI): Tubercle & Derotation | <i>Anil Ranawat, MD</i> |
| 7:47 – 7:52 | Patellofemoral Instability: A 25-Year Retrospective Review and Evolution of Surgical Management in Military Patients | <i>Craig R Bottoni, MD</i> |
| 7:53 – 7:58 | Use of portable ultrasound to quantify patellar instability | <i>Miho J Tanaka, MD, PhD</i> |
| 7:59 – 8:04 | A Novel Classification of Articular Cartilage Grafting and Regeneration | <i>James Carey, MD, MPH</i> |
| 8:05 – 8:19 | Discussion | |
| 8:20 – 8:59 | Symposium 7: Medical Care for the 'Amateur' Athlete in the Age of NIL, Agents, and the Transfer Portal – Lessons Learned and What can we do Better? <i>Panelists: Brian D Busconi, MD, Thomas R Hackett, MD, Mary Lloyd Ireland, MD, Lee D Kaplan, MD, and James E Tibone, MD</i> | <i>Chair: Matthew J Matava, MD</i> |
| 9:00 – 9:44 | Paper Session 8: Knee – Osteotomy/Cartilage – Update 2026 | <i>Moderators: Christopher C Kaeding, MD and Armando F Vidal, MD</i> |
| 9:00 – 9:05 | Functional Outcomes and Return to Sport Following ACL Reconstruction with Slope Reducing Osteotomy in Athletes | <i>Walt R Lowe, MD</i> |
| 9:06 – 9:11 | Put Some Bounce in Your Step: 5-Year Results of an Implantable Shock Absorber in Patients with Medial Knee Osteoarthritis | <i>David R Diduch, MD</i> |
| 9:12 – 9:17 | Two-Year Outcomes Using the Novel Multi-Directional Tibial Tubercle Transfer (MD3T) System to Correct Patellofemoral Malalignment | <i>Seth L Sherman, MD</i> |
| 9:18 – 9:23 | Bad to the bone: Options for bone edema, subchondral cysts after knee OCA | <i>Alison P Toth, MD</i> |
| 9:24 – 9:29 | Outcomes of Arthroscopic Particulated Juvenile Articular Cartilage Repair versus other Techniques for Full-Thickness Cartilage Lesions of the Knee | <i>Jason L Drago, MD</i> |
| 9:30 – 9:44 | Discussion | |
| 9:45 – 9:59 | Break | |
| 10:00 – 10:34 | Symposium 8: Orthobiologics – What is the Latest in 2026? From Evidence to Business Models <i>Panelists: Constance R Chu, MD, Mary Lloyd Ireland, MD, Scott Rodeo, MD</i> | <i>Chair: Jason L Drago, MD</i> |
| 10:35 – 11:14 | Symposium 9: Artificial Intelligence in Sports Medicine: Hype or Reality? | <i>Moderators: Jonathan Bravman, MD and David R McAllister, MD</i> |
| 10:35 – 10:49 | AI for the Future of Sports Medicine (AIFX3.4): Why, What and How | <i>Savio L-Y. Woo, PhD, DSc, DEng</i> |
| 10:50 – 10:55 | Electroencephalogram Biofeedback Training Through a Brain Computer Interface Following Anterior Cruciate Ligament Reconstruction | <i>Brian Forsythe, MD</i> |
| 10:56 – 11:01 | Artificial Intelligence Across the Rotator Cuff Care Pathway: Imaging Accuracy, Prognosis, and Clinical Decision Support | <i>Jason L Koh, MD, MBA</i> |
| 11:02 – 11:14 | Discussion | |
| 11:15 – 11:49 | Paper Session 9: Elbow/Hip | <i>Moderators: Bryan Kelly, MD and Marc J Philippon, MD</i> |
| 11:15 – 11:20 | Effects of Joint Hypermobility on Ulnar Collateral Ligament Laxity in Professional Baseball Pitchers | <i>Steven B Cohen, MD</i> |
| 11:21 – 11:26 | Hip Arthroscopy in the Presence of Dysplasia: Revisiting the Bifid Peroneal Tendon | <i>JW Thomas Byrd, MD</i> |
| 11:27 – 11:32 | Problem solving | <i>Lanny L Johnson, M.D.</i> |
| 11:33 – 11:49 | Discussion | |
| 11:50 – 11:55 | Closing Ceremonies and Adjourn | <i>Walt R Lowe, MD and Matthew T Provencher, MD, MBA</i> |

Herodicus Society Business Meeting I Agenda

Monday, June 15, 2026 | 12:40 PM – 1:30 PM

- I. Call to Order & Report to the Membership *Walt Lowe, MD, President 2025-2026*
 - II. Nominating Committee *Volker Musahl, MD, Chair*
 - A. Procedure
 - B. Slate of Officers Presentation
 - C. Vote by Ballot *Only Active Members May Vote*
 - III. Membership Committee *James Bradley, MD, Chair*
 - A. Nomination of New Member Candidates by Membership Committee
 - B. Procedure for Presenting Candidates at Business Meeting Review
 - C. Vote: Candidates must receive 75% votes in favor from active members in attendance.
 - IV. New Member Candidate Presentations by Primary Sponsors
 - Kevin Farmer *Jeffrey Guy, Primary Sponsor*
 - Bonnie Gregory *John Conway, Primary Sponsor*
 - F. Winston Gwathmey *JW Thomas Byrd, Primary Sponsor*
 - Thomas “Tad” Kremen *Alison Toth, Primary Sponsor*
 - Christian Lattermann *Brian Cole, Primary Sponsor*
 - Craig S. Mauro *Robin West, Primary Sponsor*
 - Patrick A. Smith *Robert Arciero, Primary Sponsor*
 - James E. Voos *Stephen Brockmeier, Primary Sponsor*
 - Robert Waltz *Edward McDevitt, Primary Sponsor*
 - Robert Westermann *Michael Banffy, Primary Sponsor*
 - Stefano Zaffagnini *Jason Koh, Primary Sponsor*
 - V. Adjourn
-

Herodicus Society Business Meeting II Agenda

Tuesday, June 16, 2026 | 12:30 PM – 1:30 PM

- I. Call to Order *Walt Lowe, MD, President 2025-2026*
- I. Membership Committee Review of Candidates *James Bradley, MD, Chair*
- II. Voting for New Member Candidates by Ballot *Only Active Members May Vote*
- III. Committee Reports
 - A. Finance Report *Jeffrey Dugas MD, 2nd Vice President (Treasurer)*
 - B. 2026-2027 Herodicus Society Officers *Matt Provencher, MD*
 - C. Traveling Fellowship *David Flanigan MD, Peter MacDonald, MD, Co-Chairs*
 - D. Herodicus Award for Best Resident Paper at AOSSM
Michael T Freehill, MD, Chair
- IV. Announcement of 2027 Annual Meeting *Matt Provencher, MD, Incoming President*
- V. Adjourn

2026 New Member Candidates



Kevin Farmer

1st Nominator: Jeffrey Guy
2nd Nominator: Darren Johnson

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



Bonnie Gregory

1st Nominator: John Conway
2nd Nominator: Neal ElAttrache

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



F. Winston Gwathmey

1st Nominator: JW Thomas Byrd
2nd Nominator: Marc Safran

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



Thomas "Tad" Kremen

1st Nominator: Alison Toth
2nd Nominator: David McAllister

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



Christian Lattermann

1st Nominator: Brian Cole
2nd Nominator: Seth Sherman

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



Craig S. Mauro

1st Nominator: Robin West
2nd Nominator: James Bradley

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



Patrick A. Smith

1st Nominator: Robert Arciero
2nd Nominator: Bruce Levy

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



James E. Voos

1st Nominator: Stephen Brockmeier
2nd Nominator: Lyle Cain

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



Robert Waltz

1st Nominator: Edward McDevitt
2nd Nominator: John Kelly IV

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



Robert Westermann

1st Nominator: Michael Banffy
2nd Nominator: Brian Wolf

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)



Stefano Zaffagnini

1st Nominator: Jason Koh
2nd Nominator: Mark Clatworthy

[CV](#)

[Letter of Recommendation 1](#)
[Letter of Recommendation 2](#)

Annual Meeting Attendees & Companions

Christopher Ahmad

Beth Shubin Stein

Ned Amendola

Alison Amendola

Kyle Anderson

Kelli Anderson

Elyse Anderson

Robert Arciero**Frederick Azar**

Julie Azar

Bernard Bach, Jr.

Elizabeth Bach

Geoffrey Baer

Jennifer Baer

Michael Banffy

Ally Quinonez

Asheesh Bedi**Craig Bottoni****James Bradley****Jonathan Bravman**

Liz Bravman

Stephen Brockmeier

Kristin Brockmeier

Robert Brophy

Jenn Brophy

Robert Burks

Karen Burks

Brian Busconi

Karolyn Busconi

Charles Bush-Joseph

Vicky Bush-Joseph

JW Thomas Byrd

Donna Byrd

Lyle Cain

Jill Cain

James Carey**Thomas Carter**

Cynthia McCauley

Constance Chu**Mark Clatworthy****Steven Cohen**

Kathleen Cohen

Brian Cole**John Conway**

Nancy Conway

Ramon Cugat Bertomeu

Montserrat Garcia Balletbo

Rehan Dawood**Thomas DeBerardino**

Heather DeBerardino

Jonathan Dickens**David Diduch**

Lynn Diduch

Jason Dragoo

Kristin Dragoo

Jeffrey Dugas

Tracie Dugas

Larry Field

Cindy Field

Christian Fink*

Christine Fink-Guertler

David Flanigan

Patrick Flanigan

Brian Forsythe***Rachel Frank*****Michael Freehill**

Karein Freehill

Thomas Gill**Jeffrey Guy**

Michele Easler

Thomas Hackett*

Kim Hackett

Sherwin Ho

Mary Paulson

Peter Indelicato

Lisa Karch

Mary Ireland**Lanny Johnson**

Carol Johnson

Grant Jones

Evelyn Jones

Jamie Jones

Christopher Kaeding

Christine Kaeding

Lee Kaplan

Lisa Kaplan

Bryan Kelly**Keith Kenter**

Patty Kenter

Mininder Kocher

Michele Dupre

Jason Koh

Laura Koh

Aaron Krych**Andrew Kuhn****John Kuhn**

Janet Kuhn

Christopher Larson**Cassandra Lee*****William Levine****Bruce Levy****Albert Lin****Walt Lowe**

Kim Lowe

C. Benjamin Ma

Anita Sit

Peter MacDonald

Sherry MacDonald

Matthew Matava

Michelle Matava

David McAllister

Lee McAllister

Eric McCarty

Miriam McCarty

Edward McDevitt

Amy McDevitt

Robert Miller III

Nancy Miller

Claude T. Moorman

Lynne Moorman

Volker Musahl**Bradley Nelson**

Terri Nelson

Brett Owens

Julie Owens

Marc Philippon

Senenne Philippon

Matthew Provencher

Melissa Provencher

Anil Ranawat

Dana Ranawat

Bruce Reider

Trish Reider

Scott Rodeo**Richard Rokos**

Helena Rokos

Anthony Romeo

Kate Romeo

Gabriella Romeo

John-Paul Rue

Elizabeth Rue

Marc Safran

Lee Safran

Seth Sherman

Sylvia Sherman

Matthew Smith

Clarissa Smith

Bertrand Sonnery-Cottet

Madeleine Sonnery-Cottet

Robert Stanton

Mandy Stanton

Miho Tanaka*

Paul Tornetta

Dean Taylor

Ann Taylor

James Tibone

Kathy Tibone

John Tokish

Beth Tokish

Alison Toth**Tyler Uppstrom**

Kate Uppstrom

Nikhil Verma

Shaila Verma

Armando Vidal

Leslie Vidal

Brian Waterman*

Sarah McCoy

Robin West

Mark West

Thomas Wickiewicz

Catherine Wickiewicz

Edward Wojtys

Robin Wojtys

Brian Wolf

Laura Wolf

Savio Woo

Pattie Woo

Rick Wright

Lana Wright

*Indicates New Member

Thank you
for your support!

Smith+Nephew

